

# Helpful Info for the 1K Kids & Family Runners

**Register:** [Register online](#) until 4/26. Or register in person during packet pickup at Foot Traffic on [Friday, April 27](#) and [Saturday, April 28](#) from 10 AM to 3 PM.

**Course Maps:** Links (PDF)

**Start Time:** There is plenty of time scheduled for the 1K distance to allow chaperone runners to participate in other distances as well.

Half-marathon	7:30 AM
10K	7:50 AM
5K	8:15 AM
1K	9:00 AM

*Please note: The courses must be clear by noon.*

**Start & Finish Location:** Rip City Race for the Roses is held at Rose Quarter Commons, between Veterans Memorial Coliseum and the Moda Center.

**Getting to the Event:** We encourage use of TriMet buses and MAX trains. The Rose Quarter is served by all four lines of the MAX light rail system. Parking is available at the East Garage, West Garage, and Garden Garage for participants.

**Weather** Rip City Race for the Roses will be held rain or shine. Be sure to watch the forecast to plan your run and attire appropriately.

**Gear Drop:** We will have a large area identified as "Gear Drop" where participants can leave their warm-up clothing during the event. Bags will be provided for gear drop. Please do not check backpacks, keys, wallets, purses or other valuables. The gear check service is for warm-up clothing only and it is free.

**Packet Pickup:** The packet pickup is at [Foot Traffic](#) (4020 NE Fremont, Portland) on [Friday, April 27](#) from noon to 7 PM and [Saturday, April 28](#) from 10 AM to 3 PM. You may send a designated person to collect your packet on your behalf.

**Age:** All ages. Please note: 1K participants must be at least 7 years old on race day to run the course alone. Adults may run with their children of any age if they choose (1 adult per child may run at no charge).

**Strollers:** Strollers are allowed on the course, but please make room for runners to easily navigate around you.

**Pets & Service Animals:** Pets are not allowed on the course. Please help us keep everyone (including your pet) safe by leaving them at home on race day. Certified assistance dogs/animals are the exception.

**Race Day:** Give yourself plenty of time to get to the starting line and to prepare to walk or run. There will be a stretching area and lots of fun in the festival zone. Listen to announcements and keep an eye on the clock.

**Safety:** EMTs will be on site and Portland Police will be monitoring the event. Additional staff and volunteers will be placed along the 1K course to assist the kids and point them in the right direction.

**Contact Info:**

[RipCityRaceForTheRoses.org](http://RipCityRaceForTheRoses.org)

503-262-0187

[RipCityRacefortheRoses@AlbertinaKerr.org](mailto:RipCityRacefortheRoses@AlbertinaKerr.org)

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