

Helpful Info for Half-Marathon, 10K, and 5K Runners

GENERAL

Start & Finish Location: Rip City Race for the Roses is held at Rose Quarter Commons, between Veterans Memorial Coliseum and the Moda Center.

Start Times:

Half-marathon	7:30 AM
10K	7:50 AM
5K	8:15 AM
1K	9:00 AM

The courses must be clear by noon.

Age: All ages. Please note: 1K participants must be at least 7 years old on race day to run the course alone. Adults may run with their children of any age if they choose (1 adult per child may run at no charge).

Course Maps: [Half Marathon](#), [5K & 10K](#), [1K](#)

Race Day Distance: Half-marathon, 10K, 5K, and a kid and family friendly 1K.

Getting to the Event: We encourage use of TriMet buses and MAX trains. The Rose Quarter is served by all four lines of the MAX light rail system. Parking is available at the East Garage, West Garage, and Garden Garage for participants.

Weather Rip City Race for the Roses will be held rain or shine. Be sure to watch the forecast to plan your run and attire appropriately.

Gear Drop: We will have a large area identified as "Gear Drop" where participants can leave their warm-up clothing during the event. Bags will be provided for gear drop. Please do not check backpacks, keys, wallets, purses or other valuables. The gear check service is for warm-up clothing only and it is free.

Safety: EMTs will be on site and Portland Police will be monitoring the event.

Contact Info:

RipCityRaceForTheRoses.org

503-262-0187

RipCityRacefortheRoses@AlbertinaKerr.org

[Facebook](#) [Instagram](#) [Twitter](#)

REGISTRATION & PACKET PICKUP

Register: [Register online](#) until 4/26. Or register in person during packet pickup at Foot Traffic on [Friday, April 27](#) and [Saturday, April 28](#) from 10 AM to 3 PM.

Packet Pickup: The packet pickup is at [Foot Traffic](#) (4020 NE Fremont, Portland) on [Friday, April 27](#) from noon to 7 PM and [Saturday, April 28](#) from 10 AM to 3 PM. You may send a designated person to collect your packet on your behalf.

Refunds: We are unable to issue a refund for entry fees. Please contact us if you would like to transfer your bib to someone else, or switch to a different distance.

Bib Transfers: Unable to participate due to an injury or other reason? Bib transfers are an option, contact us if you would like to transfer your bib to someone else.

Changing Distances / Events: You may change your event by April 22. If you want to change your event after April 22, then you must do so at the Solutions table during packet pickup or morning of the race. Additional fees will apply when moving to a longer distance.

Shirt Exchange: You will be given the shirt size on your registration form. Exchanges are possible during packet pickup, but we cannot guarantee that we will have the size shirt you want.

RACE GUIDELINES

Race Day: Give yourself plenty of time to get to the starting line and to prepare to walk or run. There will be a stretching area and lots of fun in the festival zone. Listen to announcements and keep an eye on the clock.

Walking: Walkers are welcome in all the distances. If you are unsure that you can run the entire distance for your event, it is okay to run and walk to reach the finish line. Please note for the half-marathon participants must have a 13:30 min/mile pace to clear the course on schedule. Be sure to make room for runners.

Age Groups: Age groups are in 5-year spreads. For example: 14 and under, 15-19, 20-24, 25-29, 30-34, Etc. The last group is 75+. The best time in each category will receive a free entry into next year's race and a prize!

Strollers: Strollers are allowed on the course, but please make room for runners to easily navigate the course around you.

Pets & Service Animals: Pets are not allowed on the course. Please help us keep everyone (including your pet) safe by leaving them at home on race day. Certified assistance dogs/animals are the exception.